

FIERCE—WOMEN'S SUMMIT 2026

THE *TURN*

LEAVING WHAT WAS. CHANGING DIRECTION. BECOMING HER.

SPEAKER

COURTNEY J. WHITE

GRIEF & MENTAL HEALTH COACH • AUTHOR
SPEAKER • ADVOCATE

Courtney J. White is a certified grief and professional mental health coach, speaker, author, and advocate dedicated to helping women navigate grief, trauma, and life transitions through compassionate, Christ-centered care. She is the author of *Every Day Is A Second Chance: Where Grief meets Hope*, and creator of *From Lament to Legacy™*, a trauma-informed grief coaching program designed to help women move from pain toward healing, hope, and purpose.

Courtney is pursuing her doctorate in Trauma and Crisis Counseling at Regent University's School of Psychology and Counseling and serves as a volunteer Ambassador for the Northeast Florida Human Trafficking Coalition.

Through her coaching, writing, and speaking, Courtney creates safe spaces for honest grief while pointing women toward the restorative hope of Christ and the truth that even after profound loss, God can bring purpose, beauty, and legacy from what has been broken.

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