

# Voices of Bibles & Beauty

## LIZ SMITH



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MOM | ATHLETE | FAITH-FUELED ENTREPRENEUR

Liz is a powerhouse of purpose, grit, and grace. As a woman entrepreneur in both the fitness and aviation industries, she's passionate about building strength—in bodies, minds, and lives. Whether she's coaching clients toward personal breakthroughs or coordinating impactful missions through private aviation, Liz leads with conviction, heart, and unwavering faith.

Her story is one of redemption. From a humble upbringing to the loss of her father to suicide, Liz has endured pain that shaped her, not silenced her. She's walked through miscarriage, divorce, and ultimately, the healing of her marriage. Each chapter refined her into the bold, compassionate woman she is today.

Now, Liz empowers others to show up whole—on the platform, in their purpose, and in their faith. She believes in the power of truth, the beauty of becoming, and the strength that rises when women step fully into who they were created to be.