

FIERCE — WOMEN'S SUMMIT 2026

THE *TURN*

LEAVING WHAT WAS. CHANGING DIRECTION. BECOMING HER.

S P E A K E R

DR. NICOLE MARSHALL

CHIROPRACTOR • ENTREPRENEUR • SPEAKER • HEALTH ADVOCATE

Dr. Nicole Marshall is a chiropractor, entrepreneur, speaker, and the founder and owner of MaxLiving Chiropractic Southside in Jacksonville, Florida. Her passion for helping others reclaim their health is deeply personal.

After years of struggling with migraines, anxiety, depression, and feeling disconnected from the vibrant life she knew was possible, Nicole discovered a different approach to health—one that focused on the nervous system and caring for the body as a whole. That experience changed the direction of her life and ultimately inspired her to become a chiropractor.

Nicole earned her Bachelor's degree in Alternative Medicine from Everglades University and her Doctorate of Chiropractic from Palmer College of Chiropractic in Port Orange, Florida. She also holds advanced certifications in spinal correction, nutrition, exercise, and detoxification. Before opening her own practice, she trained at one of the largest female-owned chiropractic clinics in the United States—an experience that showed her what women can build when they lead with purpose.

Today, Nicole helps women see how powerful they become when they stop simply surviving and start taking ownership of their health, confidence, and purpose. Every day, she meets women who have come to accept exhaustion, headaches, stress, and simply feeling "off" as a normal part of life. Through her practice and speaking, Nicole encourages women to question what they have accepted as normal, reconnect with themselves, and create lasting change that reaches beyond their own lives and into their families and communities.

In 2025, Nicole was named a Leading Woman in Business by Jacksonville Business Connections, and her practice was voted Best Chiropractic Office in Jacksonville by Folio Weekly readers. Off the clock, you'll find her with her beloved rescue dog, Einstein, or slowing down with her hands in the dirt, tending her herb garden.

Her message is simple: where you are today does not have to determine where you go next. When a woman takes ownership of her health, rediscovers her strength, and begins believing in what's possible again, the ripple effect can change generations.

LEAVE. *TURN*. BECOME.

NOVEMBER 7, 2026 | JACKSONVILLE, FL

“

WHERE YOU ARE
TODAY DOES NOT
HAVE TO DETERMINE
WHERE YOU GO NEXT.

Dr. Nicole Marshall